



The Vascular Society for Great Britain and Ireland

ASPIRE Early Year Consultant Course

Course Director: Miss Kaji Sritharan

23rd & 24th June 2025

The Royal College of Surgeons of Edinburgh,
The Walker Building, 58 Oxford Street, Birmingham, B5 5NR

Programme

Day 1: Monday 23rd June

0830-0900 Registration + Coffee
0900-0915 Introduction – Why are we here?
- Miss Kaji Sritharan, Consultant Vascular Surgeon & EYC Course Director

Job Planning: Chair – Mr Ansy Egun

0915-0945 Your Changing Roles as a Consultant over Time
- Mr Keith Jones, Consultant Vascular Surgeon, President-Elect VSGBI
0945-1015 Negotiating a Job Plan that works for you
- Mr Marco Baroni, Consultant Vascular Surgeon, York
1015-1035 Discussion
1035-1055 Coffee Break

Complaints: Chair – Prof Ian Chetter

1055-1135 Why do New Consultants get in Trouble? Complaints to the GMC
- Mr Nadeem Malik, Employer Liaison Adviser - West Midlands, GMC
1135-1215 Preventing Complaints Escalating
- Ms Nicola Lennard, Medico-legal Advisor, MDU
1215-1235 Discussion
1240-1330 Lunch

Systems and Change: Chair – Mr Marco Baroni

1330-1410 Vascular Society Reviews – Lessons Learnt
- Prof Chris Imray, Chair of the Professional Standards Committee
1410-1440 Sexual Harassment in Vascular Surgery – Leading Change
- Miss Mei Nortley, Consultant Vascular Surgeon, Oxford
1440-1510 Discussion

1510-1530 Coffee Break

The Emotional Burden of Practice: Chair – Mr Andy Heeps

1530 -1630 **Managing the Emotional Burden of Practice**
- Ms Becs Winterborn, Consultant Vascular Surgeon & Certified Coach
with Mr Andy Garnham and Mr Ian Chetter

1630-1700 **Failing Intelligently – Learning from the Impact of Failure**
- Miss Caris Grimes, Consultant Colorectal Surgeon, Medway

1700-1720 **Discussion**

1720-1725 **Close of Day 1**

7PM: COURSE DINNER

Day 2: Tues 24th June

0800-0830 **Registration + Coffee** (Tutorial Room 4, Lower Ground Floor)

The Organisation and You: Chair – Mr Andy Garnham

0830-0900 **My Career as a Consultant – What I would do differently with the knowledge I have now**

- Mr Ian Chetter, President VSGBI

0900-0930 **Achieving & Maintaining a Work-Life Balance**

- Ms Becs Winterborn, Consultant Vascular Surgeon & Certified Coach

0930-1000 **Private Practice – the good, the bad and the ugly**

- Mr Prakash Saha, Consultant Vascular Surgeon, London

1000-1020 **Discussion**

1020-1040 **Coffee Break**

Coroners Court: Chair – Prof Ian Chetter

1040-1110 **Coroner's Court – a Doctor's Perspective**

- Ms Rachel Sam, Consultant Vascular Surgeon, Birmingham

1110-1140 **Coroner's Court – a Lawyer's Perspective**

- Mrs Teresa Hargreaves, Personal injury & Clinical Negligence Barrister,
No5 Chambers, Birmingham

1140-1200 **Discussion**

1200-1240 **LUNCH**

Changing the Culture & Conflict Management: Chair – Mr Ansy Egun

1240-1320 **Changing the Culture within the NHS**

- Mr Andy Heeps, Deputy Chief Executive at University Hospitals Sussex
NHS Foundation Trust; Consultant Obstetrician

1320-1400 **Managing Conflict within a Team**

- Miss Kaji Sritharan, Consultant Vascular Surgeon & EYC Course Director

1400-1420 **Discussion**

1420-1440 **Coffee Break**

Driving Change: Chair – Miss Kaji Sritharan

1440-1520 **Developing a Business Plan**

- Mr Dan Carradice, Consultant Vascular Surgeon, Hull

1520-1600 **Making a Difference in the NHS**

- Ms Stella Vig, Consultant Vascular Surgeon & National Medical Director
for Secondary Care and Quality

1600-1620 **Discussion**

1620-1630 **Close of Meeting**

Faculty

1. Miss Kaji Sritharan, York
2. Mr Andrew Garnham, Birmingham
3. Mr Ansy Egun, Preston
4. Prof Ian Chetter, Hull
5. Prof Chris Imray, Coventry
6. Mrs Becs Winterborn, Bristol
7. Prof Dan Carradice, Hull
8. Mr Andy Heeps, Brighton
9. Mr Keith Jones, Frimley
10. Mrs Teresa Hargreaves, Birmingham
11. Ms Nicola Lennard, MDU
12. Ms Rachel Sam, Birmingham
13. Mr Nadeem Malik, GMC
14. Miss Stella Vig, London
15. Mr Marco Baroni, York
16. Miss Caris Grimes, Medway
17. Mr Prakash Saha, London
18. Miss Mei Nortley, Oxford

Sponsors

